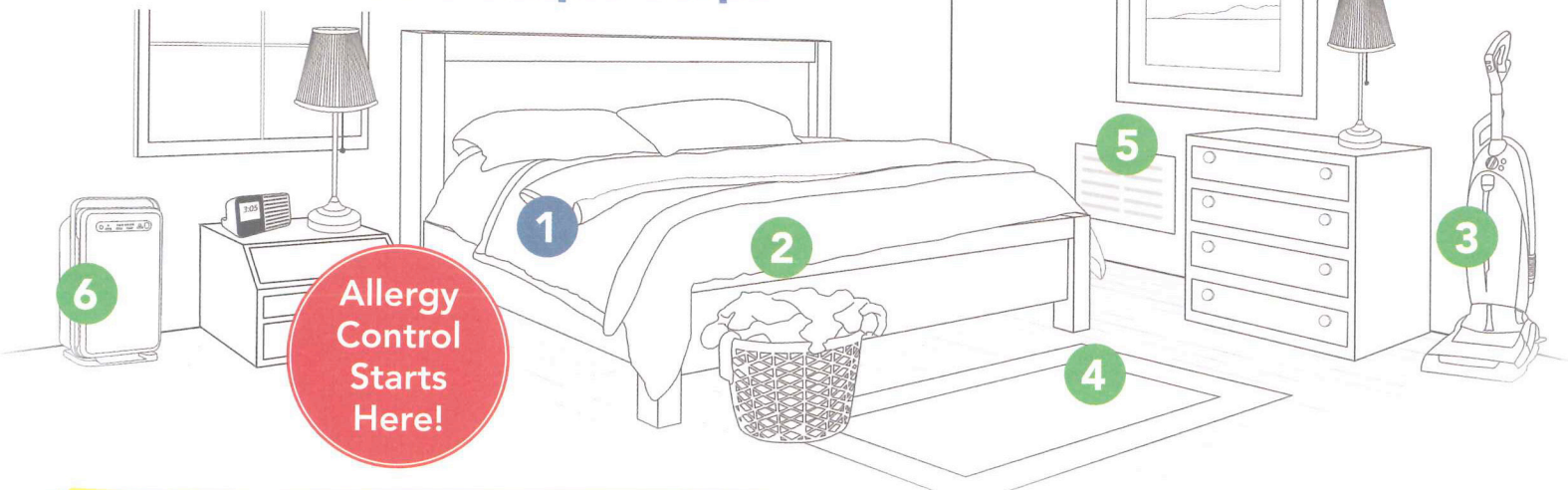


Start with these 6 simple steps!



1 ENCASE — Your 1st Step for Allergy Relief

Clinical studies prove the effectiveness of covering your bed in allergy encasings to prevent inhaling allergens while sleeping. Dust mites thrive in stuffed bedding so encasings are the *most important step* to reduce allergen exposure.

2 WASH

Wash linens, blankets and any un-encased bedding weekly in hot water to kill mites and remove allergens. As an alternative, use an allergen-removing laundry product.

3 CLEAN

Simple cleaning throughout the home can help reduce allergens that cause allergy symptoms. Wear a face mask when cleaning to avoid inhaling allergens.

4 REMOVE

Carpets and upholstered furniture are another major source of allergens. Remove carpet or use an anti-allergen treatment and a HEPA-filtration vacuum.

5 FILTER

Breathe cleaner air by capturing airborne allergens with air vent filters and HEPA filtration products.

6 PURIFY

Airborne allergens, especially pet allergens, can be reduced with an air purifier. Dust mites and molds thrive in humid environments, so use a dehumidifier or air conditioner when in humid areas.

Allergy Control
PRODUCTS